



GROUP TRANSFORMATION 1

2 TRAINING SESSIONS/WEEK

TRAINER + COACH INCLUDED

NUTRITION PLAN PROVIDED

\$500/MONTH

GROUP TRANSFORMATION 2

3 TRAINING SESSIONS/WEEK

TRAINER + COACH INCLUDED

NUTRITION PLAN PROVIDED

\$1000/MONTH

GROUP TRANSFORMATION 3

4 TRAINING SESSIONS/WEEK

TRAINER + COACH

NUTRITION PLAN PROVIDED

\$1500/MONTH

- **UP TO 4 PEOPLE ON ONE PLAN**
- **MUST ALL TRAIN AT THE SAME TIME**

BONUS

**20% OFF ALL WELLNESS AND RECOVERY
PACKAGES**